

# A HANDBOOK ON LESSON PLANNING

*Edited by*  
**Gitanjali Choudhury**



# **A HANDBOOK ON LESSON PLANNING**

*Edited by*  
**Dr. Gitanjali Choudhury**

**CHANDRA PRAKASH**  
**Panbazar, Guwahati-1**

**A Handbook on Lesson Planning : B. Ed. Lesson Plan book Edited by Gitanjali Choudhury and published by Rajendra Mohan Sarma & Dr. Rabindra Mohan Sarma, on behalf of Chandra Prakash, Panbazar, Guwahati-1**

---

ISBN : 978-93-244-0582-1

▸ Publisher

**Publisher:**

Rajendra Mohan Sarma  
Dr. Rabindra Mohan Sarma  
Chandra Prakash  
Panbazar, Guwahati-1  
Ph. No : 0361-2511946, 88110 81001  
*e-mail: chandra.publisher@gmail.com*  
*and WGCE-IQAC CEII*

**1st Edition** : February, 2016

**2nd Revised Edition** : February, 2019

**Price : Rs. 300/- Only**

**DTP :**

BH Group  
HB Road, Panbazar, Ghy-1  
City Screen  
Chandmari, Ghy-3

**Printed at :**

National Printers  
Kalapahar, Guwahati-16

# Preface

The present edited book "A Handbook on Lesson Planning" deals with different lessons of different school subjects like Assamese, English, Hindi, Bengali, Bodo, Social Studies, History, Geography, Mathematics, General Science. In general, teachers teach the lessons without preparing a lesson in advance in a traditional way. But, a trained teacher is very active for presenting his or her lessons through preparing lesson plan along with the related teaching aids. The lessons in this book follow the model of 'Lesson Plan Steps Gauhati University' (LPSGU) and explains the relation of instructional objectives with a lesson plan. Before preparing a lesson plan for teaching, the teacher should know the past history of lesson plan which reflects in the topic 'Evaluation and Modernization of Different Models of Lesson plan'. The topic on 'Teaching skills-its usages teaching learning Process' highlights the different cores of teaching skills used by the teacher for delivering the lessons. Teachers achieve in their aims using all these skills in a scientific and proper way. The book in a lucid style shows the construction of Bloom's Taxonomy. Attempts have been made to clarify the different aspects of instructional objectives such as knowledge, understanding, application and skill in the definite step like learners' outcome. The title named as 'Instructional Objectives and Bloom's Taxonomy' brings the clear concept to the teacher for the evaluation of the responses given by the student trainees. The trainees will get the idea about the aims and objectives thoroughly in the topic 'Role of Teachers in Lesson Plan' wherein they can find the difference between aims and objectives of the particular lesson. Aims are always related with goal or mission of the subject. On the other hand, how to achieve the goals or missions is directed by the objectives of the subject. From the topic 'Uses of Teaching aids in Lesson Plan', the student trainees can get the idea of various aids and its utility with appropriateness for preparing the lesson. What conditions and steps should be followed by the students trainees and teachers is clearly shown in different lesson plans of different school subjects. Lesson plan is a plan of a lesson which is completely different from Unit Plan. Unit plan covers lessons. Like

Unit plan , lesson plan does not follow some suitable organized meaningful divisions of units of the whole syllabus of the school curriculum.

The contributors of this book have written their lesson plans who have vast experiences in the field of educating the student teacher trainees. I am confident that this edited book will be helpful to our student trainees as well as newly appointed method teachers in understanding the various steps, teaching objectives and learners' outcome of a lesson plan. No doubt , this book will serve the purpose of trainees and trainers. This book will meet the present demand of B.Ed. student-trainees.

In the end, I express my gratitude to my guide and supervisor, Dr. Dulumoni Goswami, Associate Professor of Gauhati University, Department of Education who scrutinizes the whole book for the greater interest of the student trainees as well as to the teacher educators. I also thank to the publishers, contributors of the book as well as the eminent persons who have been a great source of inspiration to all of us. Their support on me brings this edited book to the educational field in a limited time. I hope that this will act as a document for the preparation of lesson plan of any school subjects.

*Gitanjali Choudhury*

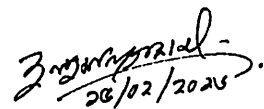


# Forward

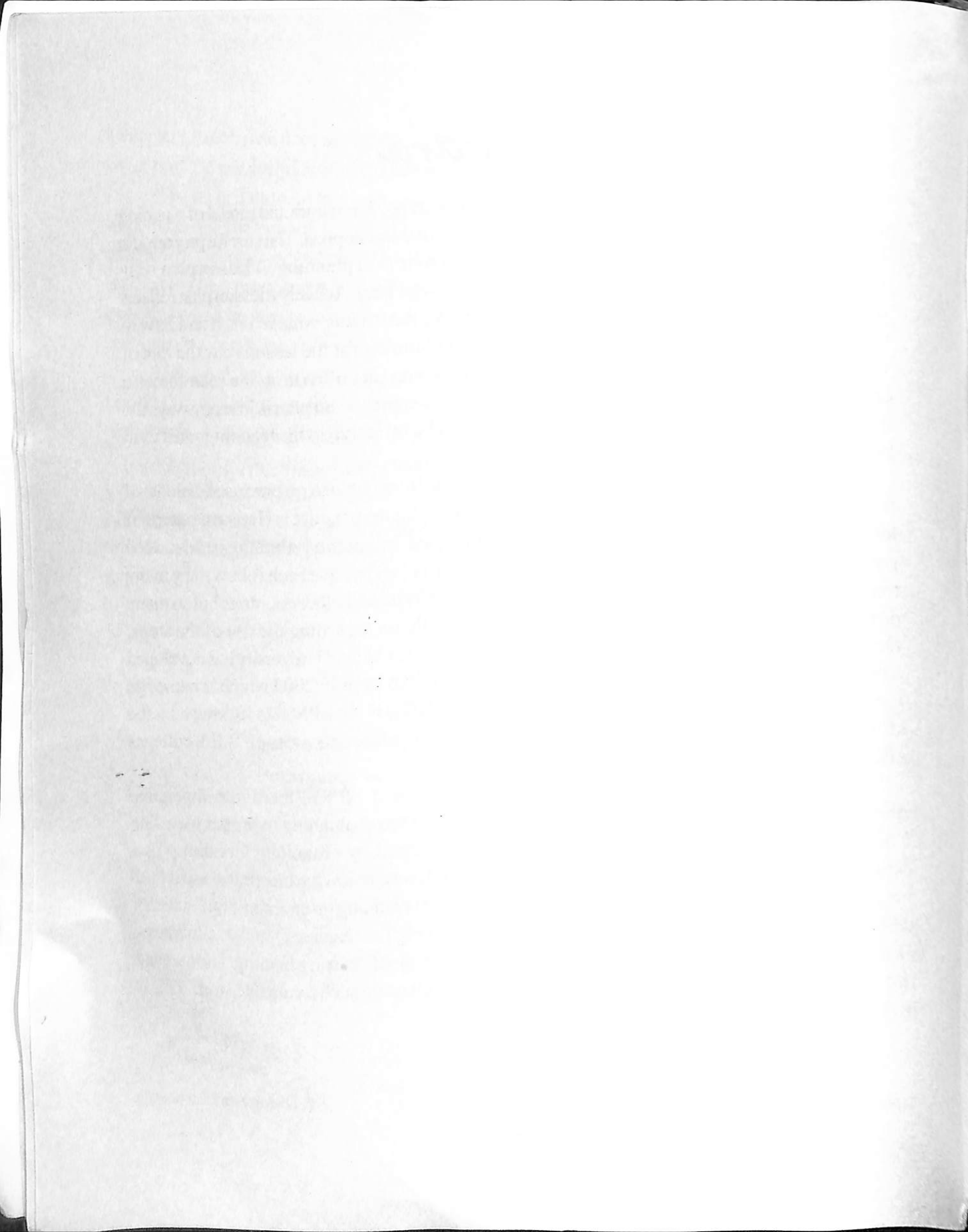
Careful planning is the foundation of all good teaching. The nature and model of planning may change from time to time but planning should never be stopped. The careful preparation by the teacher is generally put down in the form of lesson planning. A lesson plan fully indicates the steps which he is going to follow in his teaching. Actually a lesson plan reflects the working philosophy of a teacher. It also guides the teacher what to teach and how to teach. A Teacher who goes to the class without planning for the lesson runs the risk of wasting time and dissipating efforts. Indeed the very act of writing the plan forces a crystallization of the plan in the teacher's mind. Therefore lesson plan is in many ways the heart of effective teaching. A teacher if wants to be effective in his teaching must plan beforehand what he will teach in the classroom.

Efforts have been made by the educationist in different time to prepare useful model of lesson planning. The most commonly used lesson planning model is Herbartian steps of lesson planning. John Fredrick Herbart, a German philosopher and educationist advocated pedagogy based lesson planning. Although Herbartian steps have been followed by many teachers, teacher educators and teachers trainees of India and other countries but so many confusion were there among the teachers and students regarding the use of the steps. Because of such condition, the department of education, Gauhati University has developed a new step of lesson planning on the basis of Herbartian steps in 2005 which is named as Lesson Planning Steps Gauhati University (LPSGU). Now LPSGUs followed by the students of education and the teachers' trainees and teacher educators of B.Ed. colleges affiliated to Gauhati University.

In view of the importance of lesson planning and use of LPSGU there is an imperative need to make available materials for preparation of lesson planning in proper way. The book titled '*A Handbook on Lesson Planning*' edited by Gitanjali Choudhury is a commendable effort to serve the purpose. Apart from discussion the theoretical aspects of lesson planning, the book suggests the model of lesson planning on various school subjects as per LPSGU model. This book will immensely help the teachers, teacher educators, B.Ed. trainees and students of education in preparation of lesson planning. I appreciate the efforts of editor and also thank the publisher for releasing such a valuable work. This is no doubt a valuable contribution to teaching.

  
28/02/2025

(Dr. Dulumoni Goswami)





# Contributors

❖ Preface—

**Dr. Gitanjali Choudhury**, M.A., M.Ed., M.Phil., Ph. D. (pursuing)  
*Principal i/c, W.G.C.E.*

❖ Development, Modernisation and Evaluation of Lesson Plans

**Dr. Parijat Chakraborty**, M.A., B.Ed., Ph.D., Lecturer, W.G.C.E.

❖ Teaching Skills—Its Uses in Teaching Learning Process

**Mustafizur Rahman**, M.A., B.Ed., Ph.D. (pursuing), Principal, Krishna Bora B.Ed College, Lanka, Nagaon.

❖ Instructional Objectives and Bloom's Taxonomy—

**Priyanki Borpujari**, M.A., B.Ed., Ph.D. (pursuing), Lecturer, W.G.C.E

❖ Utility of Instructional Objectives in Lesson Plan-

**Runima Saikia**, M.A., B.Ed., M.Phil., Lecturer, W.G.C.E

❖ Role of Teachers in Lesson plan—

**Himakshi Devi**, M.A., B.Ed., M.Phil., Ph.D (pursuing), Subject Teacher, Kampur Higher Secondary, Nagaon.

❖ Uses of Teaching aids in Lesson Plan—

**Rukshana Saikia**, M.A., B.Ed., Ph.D (pursuing), Subject Translator, SCERT.

❖ How to write Lesson Plan :

*Lesson Plan :*

➤ **English**

**Barsita Sarkar**, M.A., B.Ed., M.Ed., M.Phil

*Lecturer, W.G.C.E*

**Dr. Debasis Bhoumik, M.A., M.Ed., Ph.D.**

*Lecturer, Baihata Charali B.Ed. College*

➤ **Assamese**

**Nilima Hazarika, M.A., B.Ed.**

**Aruna Devi, M.A., B.Ed., M.Ed. (pursuing)**

*Lecturer, W.G.C.E*

➤ **Bengali**

**Akram Hossain, M.A., B.Ed.,**

*M.Ed., Lecturer, W.G.C.E*

➤ **Hindi**

**Archana Singh, M.A., B.Ed.,**

*M.Ed. (pursuing), Lecturer, W.G.C.E*

➤ **Bodo**

**Ajit Boro, M.A., B.Ed., M.Phil.**

*Principal, Gossaigoan B.Ed. College*

➤ **Social Science**

**Dipak Kalita, M.A., B.Ed., M.Ed.**

*Lecturer, W.G.C.E*

**Vusita Gogoi, M.A., B.Ed., M.Ed.**

*Lecturer, NIFTE B.Ed. College, Khetri*

➤ **History**

**Prabin Saharia, M.A., B.Ed., M.Ed.,**

*Lecturer, W.G.C.E*

➤ **Geography**

**Dr. Indrani Dutta Gogoi, M.A., B.Ed.,**

*Ph.D., Principal, Pragjyotish B.Ed. College*

➤ **General Science**

**Mrityunjoy Dasgupta, M.Sc., M.Ed.**

*Lecturer, W.G.C.E*

➤ **Mathematics**

**Ananya Patwoary, M.A., M.Ed.,**

*Lecturer, W.G.C.E*

# CONTENTS

Subject-matter	Page No.
❖ Development, Modernisation and Evaluation of Lesson Plans	11-25
❖ Teaching Skills—Its Uses in Teaching Learning Process	26-32
❖ Instructional Objectives and Bloom's Taxonomy	33-37
❖ Utility of Instructional Objectives in Lesson Plan	38-41
❖ Role of Teachers in Lesson plan	42-46
❖ Uses of Teaching aids in Lesson Plan	47-54
<i>Lesson Plan :</i>	55-312
➤ English	55-86
➤ Assamese	87-116
➤ Bengali	117-142
➤ Hindi	143-168
➤ Bodo	169-190
➤ Social Science	191-210
➤ History	211-232
➤ Geography	233-260
➤ General Science	261-292
➤ Mathematics	293-312